

	<h2 style="margin: 0;">Hughesdale Primary School</h2>
	<h3 style="margin: 0;">Food Service Policy</h3>
Last Review Date: May 2022	Due for Next Review: May 2025
Included on website: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	Authorised (Principal):

PURPOSE

This policy promotes and encourages healthy food choices to the students and the wider community acknowledging that a school culture in which students actively choose nutritious foods supports learning and health outcomes. This policy ensures the lunch food service, which is outsourced to a local business, provides food and drinks that contribute to a healthy school environment.

DEFINITIONS

Confectionery

Confectionery can be defined as a small snack, chocolate or lolly — often sized for individual consumption — of minimal nutritional value and with sugar as a main ingredient. Common names for confectionery include lollies, candy and sweets. Confectionery comes in a variety of shapes, textures from jelly-like, soft and chewy to hard and brittle.

GUIDELINES

- All students will be invited to consume a healthy fruit or vegetable snack (“brain food”) at or each day. Teachers will articulate and monitor that brain food consists of fruit and vegetable options brought from home.
- Students will be encouraged to have a water bottle in the classroom, sweet drinks and sodas are not appropriate for school.
- Students will be encouraged to bring healthy food choices to school for morning tea and lunch. Sweet foods and confectionery should be saved for consumption at home.
- Families will be able to order lunch through an external provider connected with the school. These lunches will be delivered daily to the school site.
- Any off-site food service provider that supplies the school lunch service, will demonstrate that food is prepared in accordance with the *Victorian Food Act 1984*.
- The lunch order menu will contain healthy food choices as the major option, and it should never offer high sugar content drinks or confectionery.
- Orders lodged and payments made to any external lunch service provider are independent transactions and not connected with the school in any way.
- The curriculum program will promote a healthy eating approach.

IMPLEMENTATION

- Teachers will monitor food choices brought to school and will encourage students to bring fruit and/or vegetables for brain food, and 'Healthy Food Choices' for morning tea and lunch.
- A link to an external food provider will be on the website for families to access and order lunch to be delivered to school.
- Lunches will be delivered to the year level tubs in the staffroom, where teachers and students can organise collection for 1pm each day.

COMMUNICATION

This policy will be communicated to our school community in the following ways

- available publicly on our school's website
- made available upon request to the front office.

RELATED POLICIES AND RESOURCES

Department policies:

- [Canteens, Healthy Eating and Other Food Services](#)

Legislation:

- [Education and Training Reform Act 2006 \(Vic\)](#)
- [Food Act 1984 \(Vic\)](#)

POLICY REVIEW

Policy last reviewed	May 2022
Next scheduled review date	May 2025
Review Cycle	The recommended minimum review cycle for this policy is 3 to 4 years